

# EDMONTON SPRINGBOARD & PLATFORM DIVING CLUB

## WINTER LEARN TO DIVE LESSONS at THE KINSMEN SPORTS CENTER (9100 Walterdale Hill) or TERWILLEGAR REC. CENTRE (2051 Leger Road)

### REGISTRATION FORM: (please print)

Family Name:	First Name:	Date of Birth: YYYY/MM/DD
Age:                      Sex:	Father's Name:	Mother's Name:
No./Street:	City:	Postal Code:
Home Phone:	Cell:	Alt. No:
Primary Email:	Secondary Email:	AHC No.

Please indicate your 1st, 2nd and 3rd choices in case your preferred day is not available. Registration is based on a first come, first served basis and the program is very popular. The following are the class times at the Kinsmen Sports Center (K) or Terwillegar Rec. Center(T).

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 5:15 – 6:45 (K - 10 wks)	<input type="checkbox"/> 10:15–11:45 (K - 10 wks)	<input type="checkbox"/> 10:30-12:00 (K - 10 wks)
<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 6:45 – 8:15 (K - 10 wks)	<input type="checkbox"/> 11:45–1:15 (K - 10 wks)	
<input type="checkbox"/> 5:15 – 6:45 (T - 10 wks)		<input type="checkbox"/> 5:15 – 6:45 (T - 10 wks)		<input type="checkbox"/> 5:15 – 6:45 (T - 10 wks)	<input type="checkbox"/> 1:30 – 3:00 ADULT(K 10wks)	

This session at Kinsmen we are starting January 7th, and will be offering a 10 week long program (Monday - Sunday). At Terwillegar there will be a 10 week long program starting on January 9th (Monday, Wednesday and Friday).

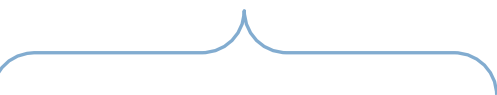
Participants will be taught dive skills by nationally certified instructors who are or were themselves national diving competitors.

#### **PROGRAM COSTS:**

**A session of 10 weeks, one 1.5 hour lesson per week cost is \$175.00 + 1 bingo.**

\*Because our club also relies on bingo revenues to help keep the cost of the program affordable to everyone, we are looking for families to volunteer at bingos, which will help subsidize your cost of the Learn to Dive program. If you are interested in signing up for bingos please email us for more information. Bingo credits range from \$70 to \$105.

**FAMILY AND MULTIPLE DAYS OPTION:** Full fees are charged for the first diver, \$30.00 discount will be given to each additional family member. This discount also applies to the same child attending more than one day per week.



Each lesson consists of a session of strengthening, stretching and physical conditioning, a session on trampolines with high repetitions of skills possible, then onto the dryland diving boards (at KSC) with landing mats for another session of high repetition springboard skills. After this, the divers have an additional period in the water using diving boards ranging from ¼ meter, ½ meter, 1 meter and 3 meter learning to perfect their acrobatic diving skills. Report cards and badges will be issued during the session. You may also participate in recreational diving meets held throughout the season.



**MISSED CLASS POLICY:**

If a class has been missed due to **illness**, the diver may be able to make this class up at another time if space is available. In order for this to happen, the diver must first notify the office that they will not be able to participate in their regular lesson **before** their class has started. The diver can then arrange a make-up class by emailing the office to ensure there is a spot available on the day that they wish to do their make-up class. You will not be refunded for any missed classes.

**PAYMENT OPTIONS: (Please check the appropriate option)**

I will be paying by cash or cheque for the Kinsmen or Terwillegar session + volunteering for one bingo. **Please find enclosed \$175 (10 weeks). As well a \$100.00 "Performance Cheque" \* . Please note that this option requires working one bingo towards your fees before the end of the session.**  
**The postdated option for 10 weeks + 1 bingo is \$65 dated currently + two \$60 cheques dated for Feb. 1 and Feb. 15 (total of \$185.00 which includes a \$10 post dated cheque processing fee). As well a \$100.00 "Performance Cheque" . Please note that this option requires working one bingo towards your fees before the end of the session.**

I will be paying by cash or cheque for the Kinsmen or Terwillegar session and will not be volunteering at a bingo.  
**Please find enclosed \$245 (10 weeks). The post dated cheque option for 10 weeks is \$85 dated currently + two \$85 cheques dated for Feb. 1 and Feb. 15 (Total of \$255 which includes a \$10 post dated cheque fee).**

I am interested in subsidizing all of my fees by helping out at fundraising (bingos or a casino). For this option of payment, your fees cheque(s) must be received **in full**. Refunds or credit will be issued once all bingos have been worked. **As well a \$100.00 "Performance Cheque" \* is required before signing up for bingos.** Please contact the office for more information regarding working bingos to subsidize your fees.

\*In the event that an individual fails to "show up" to a bingo they have signed up for or cancels without a replacement within seven days of the bingo, a club fine of \$100.00 will be imposed as such an incident can result in a bingo association fine to our club or loss of a bingo event. Consequently an undated "Performance Cheque" for \$100.00 should be enclosed, **which will not be cashed except in the case of such a penalty.**

**CANCELLATION POLICY:**

There is no refund after the 5<sup>th</sup> class. We require two weeks written notice for cancellations (e.x. in a 10 week program, if you cancel after the 2<sup>nd</sup> class you will be refunded for 6 weeks).

{ I AM AVAILABLE TO WORK DAYTIME BINGOS  (11am – 4:00 pm) }  
{ EVENING BINGOS  (5pm – 10:00 pm) OR LATE  (5pm – 12am) }

**REMEMBER FOR YOUR REGISTRATION TO BE COMPLETE, WE MUST HAVE;**

1. Your cheque(s) for the 10 week session at Kinsmen or Terwillegar
2. Fundraising "Performance cheque" of \$100 (**only if volunteering at bingos**)

**(Please make cheques payable to E.S.P.D.C. or ESP Diving Club)**

I have read and understand my obligations indicated on the above form:

\_\_\_\_\_  
Signature of Parent/Guardian or diver if 18yrs or older Date

**FOR MORE INFORMATION ABOUT THIS OR OTHER PROGRAMS OFFERED THROUGH THE EDMONTON  
SPRINGBOARD AND PLATFORM DIVING CLUB, OR TO REGISTER PLEASE EMAIL US AT:  
[espdiver@telusplanet.net](mailto:espdiver@telusplanet.net) OR CALL US AT: 780-444-7301**

**Mailing address: 7 RIVER HEIGHTS DRIVE N.W. EDMONTON, ALBERTA, T6M 2R1**  
Email: [espdiver@telusplanet.net](mailto:espdiver@telusplanet.net) Website: [www.espdiver.com](http://www.espdiver.com)